

Warm Beach Retreat: Parent Information Sheet

The Warm Beach Retreat is an overnight retreat for our Junior and Youth Orchestra musicians. The purpose of the retreat is to give our musicians the opportunity to get acquainted and prepare for the first concert of the year.

Transportation

All musicians are required to take the chartered bus to and from Warm Beach. Buses leave from Kamiak H.S. and then stop to pick up at the Marysville Park & Ride at Ash & 5th Ave. For safety reasons, musicians are not permitted to drive themselves to Warm Beach. If your musician cannot ride the bus, you must document on the release form how and when your child will be arriving to Warm Beach prior to the retreat. One of our retreat chaperones will contact you if there is a question about your method of transportation.

Lodging

EYSO members are housed in the Cascadian Lodge, which is composed of 2 wings. One wing is designated for males and the other for females and each has their own common bathroom in the middle of the wing. The wings meet in a common lobby area with a kitchen. Rooms are set up in a dormitory fashion with four musicians assigned to each room. Rooms feature one double bed, 2 couches, a desk, and a sink. Musicians must provide their own sleeping bags and pillows. Chaperones occupy their own rooms at each end of each wing. Males are not permitted in the female wing and females are not permitted in the male wing. At 11pm, musicians will head to their assigned rooms and there will be a room check before lights out at 11:30pm. The building is locked from 11:30pm to 7:00am.

Meals

There is a separate dining room where meals are served in a family style fashion. Vegetarian meals are available and no nuts or nut products are used in the preparation of meals. Musicians may bring snacks or beverages, but it is not necessary. Hot cocoa, water, and snacks will also be provided during break periods and at the end of the evening. In consideration for the safety of other retreat participants who may have allergies, please do not allow your child to bring any food item containing nuts to the retreat.

Rehearsals

Musicians will be rehearsing for approximately 7 hours which is divided up into 4 sessions. Stands will be provided. Instruments are locked in the rehearsal rooms during meals and down time.

Social

There will be group games and entertainment and snack time for an hour and a half in the evening before bed-time. Other social times take place during the transitions between meals and rehearsals.

There will be an on-going game throughout the retreat which promotes planning, group effort, and strategy.

Musicians will be indoors except when they travel to and from the rehearsal room and dining room. Although walking distances are short, it is typically raining and windy so a light rain jacket would be useful.

Phones and electronic devices are forbidden during rehearsals and discouraged during meals and social activities.

Musicians do not need to bring money unless they choose to use the vending machines or purchase an item from the camp store.

Illness

Do not send your child to the retreat if he or she is ill. If your child becomes ill during the retreat, we will request that you come and pick up your child. If you are unsure about the health status of your child, we prefer you bring your child to the retreat the next morning once you are confident your child is no longer ill. Please inform us about any changes in plans.

A chaperone that has medical training will have a first aid kit and access to your child's medical information provided on your permission form. He or she will contact you if any further information is needed.

Parental/Guardian Involvement

*Please contact us with any questions you have concerning the retreat. A great way to learn more about our retreat is to chaperone. It is easy, relaxing, and fun. It is also a great way to get to know our wonderful musicians. They are a joy to work with.